

Item Name: Masago

INTRODUCTION

Smelt roe, commonly known as masago — are the edible eggs of the capelin fish (*Mallotus villosus*), which belong to the smelt family.

Masago is low in calories, but high in nutrients. It is a popular item used in Japanese cuisine all over the world. It is a natural food source of Vitamin D, high on Omega 3 and low on Mercury.



- Product of China
- 12 / 500g / Case
- HACCP / FDA Certified

